

Celebrating 25 years! Earth Mysteries & Sacred Site Tours presents ...

# Mysteries of France!

*Mary Magdalene, Cathars, Knights Templar, Holy Grail  
Mystery, Rennes-le-Chateau Mystery*

*Mary Magdalene in Provence*

*St Maximin la Ste Baume (said to be final resting place of Mary Magdalene)  
& Saintes-Maries-de-la-Mer*

*(alleged landing site of Mary Magdalene & venerated by Gypsies)*

*Rennes-le-Chateau, Castles  
& Cathar Country in the South of France -  
Languedoc-Roussillon*



*November 7 - 17, 2007*



*Cathars  
Black Madonna, Knights Templar  
Cathedrals & Churches  
Walled Medieval Cities  
Mediterranean & Beaches  
Great Food*

*Mary Magdalene  
Rennes-le-Chateau  
Castles  
Villages  
Grotto  
Shopping*

Languedoc is one of the most varied areas in France. Towering mountains, deep gorges, forests & caves, wild remote plateaus as well as the Mediterranean Sea. This predominately rural area also has a very rich history - castles, cathedrals, museums and so much more. The area is also rich in a variety of vineyards and wines. Mountains frame both ends of the region - the Cevennes in the northeast & the Pyrenees in the south. Jagged ridges, deep river canyons and rocky limestone plateau (with vast caves beneath) make it one of the most scenic.

Another main feature of this area is the havoc caused by religious and political conflicts over the centuries. The ruined castles which cling precariously to hilltops played a leading role in the struggles between Cathars & Catholics at the beginning of the 13th century. Others guarded the volatile border with Spain. Whole communities were wiped out during the merciless campaigns to rid the area of the Cathar 'heretics' and later when Protestants fought for religious freedom. Also the area is rich in mystery - Rennes-le-Chateau, Knights Templar and possible treasure, the Holy Grail mystery, ley lines and geometric alignments on the land, Nazi treasure hunters, and so much more.

The lovely Provence has an amazing historical connection with Mary Magdalene (see inside). We will visit St. Maximin la Ste Baume (said to be final resting place of Mary Magdalene) as well as Grotto of Marie Madeleine in the mountain & Saintes-Maries-de-la-Mer on the Mediterranean (alleged landing site of Mary Magdalene & venerated by Gypsies)



*Sheri Nakken, R.N., MA, Director/Creator,  
Well Within/Earth Mysteries & Sacred Site Tours*

*Conducting Conferences & Workshops throughout the world since 1982*

*P.O. Box 1563, Nevada City CA 95959 USA Phone (530) 740-0561 OR*

*P.O. Box 31, Brecon, Powys, LD3 8WA, Wales (from US call 011-44-1874-624936)*

*Fax - from US, dial 011-44-1874-620-028 Email [earthmysteriestours@gmail.com](mailto:earthmysteriestours@gmail.com) OR [wwithin@nccn.net](mailto:wwithin@nccn.net)*

*Website <http://www.wellwithin1.com>*



# Mysteries of France!

## Land of the Cathars & Rennes-le-Chateau Languedoc - Land of Mystery (Days 1 - 6)

- \* Knights Templar and the Holy Grail - mystery of buried treasure
- \* Magdalen Mystery - the bloodline of Christ & Mary Magdalene; the Sacred Feminine
- \* Cathars and the Inquisition
- \* Incredible Cathar Castles high on rocky perches
  - \* Montsegur - one of the most amazing Cathar Castle sites there is - on 1000 foot crag. Speculation has continued as to whether Cathar treasure is hidden on the site!
  - \* Chateau de Puilaurens
- \* Black Madonna at Notre Dame des Marceille



\* **Rennes-Le-Chateau** in the eastern Pyrenees - a mysterious land - high on a hilltop above the Aude Valley

- \* The Church, Tower (Tour Magdala), Museum, Sauniere's Domain, the Grand Villa Bethania
- \* Buried Treasure? Supernatural Powers? Codes on Parchments and Ancient Tombstones?
- \* Clues concealed in statues & paintings, immense wealth, secret societies

- \* **Carcassonne** - La Cite - incredible medieval walled city built on a high crag
  - \* Basilique St-Nazaire - outstanding 14th- to 15th century stained glass & 2 beautiful rose windows
  - \* Chateau Comtal - 12th century
- \* **Alet les Bains** - spa town in the Corbieres Hills on the River Aude with wonderful drinking water - a beautiful setting. We have many of our picnics here on an island in the middle of the Aude River.



### Accommodations 1st 5 nights of the tour (tentative - depends on availability)

Chateau de Cavanac near Carcassonne- magnificent accommodations in a beautiful setting among the vineyards and a small village - wonderful, sumptuous buffet breakfast, tennis courts, & sanua. Gourmet restaurant in converted stables. 5 nights here. (below & left photos)



We will be visiting the southern half of the yellow area to the right as well as a portion of the area just to the east (Provence) & to the west bordering the yellow area.



## Provence (Days 6 - 11)

- \* **Mary Magdelene** - patron saint of Provence
- \* **St Maximin la Ste Baume** (said to be final resting place of Mary Magdalene) - St. Madeleine Basilica & Grotto of Marie Madeleine
- \* **Mary Magdalene Mysteries**
- \* **Saintes-Maries-de-la-Mer (on the sea)** (alleged landing site of Mary Magdalene & venerated by Gypsies) - St. Sarah Crypt
- \* **Accommodations in Provence (tentative - depends on availability)**

\* **Hôtellerie Le Couvent Royal de Saint Maximin**  
[http://www.hotelfp-saintmaximin.com/index\\_gb.htm](http://www.hotelfp-saintmaximin.com/index_gb.htm)

Originally a convent and later the residences of the Dominican fathers.



Rooms overlook the cloister and the convent garden. This hotel/former convent is attached to the Basilica with reputed remains of Mary Magdalene.



\* **Hôtel Les Amphores - Stes-Maries-de-la-Mer**  
<http://www.hotel-lesamphores.com/default.html>  
hotel right on the seafront

### Special Teachings on the Tour

- \* **Mysteries of the Cathars, Knights Templar, Merovingians & Priory of Sion & the area**
- \* **Mysteries of Rennes-le-Chateau**
- \* **Magdalen Mystery, Black Madonnas & Bloodline of Christ**
- \* **The Sacred Feminine**
- \* **History of each site visited**

### Preparation for tour

It is helpful if you have read Holy Blood, Holy Grail &/OR The Templar Revelation as well as have some knowledge of and interest in Mary Magdalene, the Cathars and the Rennes le Chateau mystery. I will send bibliography/reading list when you register.

### Level of Activity

You can participate to the level you desire - there are the options of 20-30 minute hikes up to some of the castles we will visit or they can be viewed from the car park. Otherwise walks are leisurely. Also workshops are all optional.

### Meals

All breakfasts are included; lunches & dinners are extra. Some lunches will be picnics when weather permits & dinners will be in a variety of restaurants - at the hotels where we are staying or locally (or occasionally a picnic dinner). Wonderful French food & wine.

### Weather

For November tour - this is late fall in Provence & Languedoc & could be glorious fall weather or the beginning of early winter rain.

### Flights & Travel Arrangements

Well Within is a travel agency & all flights & travel arrangements can be made with us. We have access to non-published discount fares to France from most locations

If you choose to do flights on your own, you must check with us regarding the arrival time at Toulouse airport & departure time at Marseille airport (or Toulouse airport if you continue on the optional extension) before you book flights.



### Tentative Itinerary

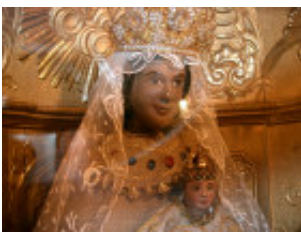
(order of days may change depending on hotel availability)

**Day 1 (Wednesday November 7)** - Arrive at Toulouse airport a.m. - transportation to hotel by minibus &/or cars (about an hour and a quarter drive east) - overnight the next 5 nights at the beautiful & unique Chateau de Cavanac - beautiful ancestral 17th century setting. The hotel is beautifully done - each room very individual. Also there is a swimming pool, private tennis court, fitness room with sauna, and club house. The restaurant, the former stables and terrace garden, at the Chateau de Cavanac is decorated in a 17th century style with traditional cooking over a wood fire. Time for rest after long travel, sauna, walking, for a few hours. Late afternoon/early evening & orientation before going out for dinner at the Chateau's lovely restaurant.

**Day 2 (Thursday November 8)** - Magnificent buffet breakfast here at the chateau. Orientation to the area, the tour and teachings on the Cathars & other mysteries of the area. Journey to village of Alet le Bains on the beautiful River Aude for picnic lunch and then visit to Puilaurens castle high on the mountain.



**Day 3 (Friday November 9)** - Breakfast. Continue morning teachings on Cathars, Knights Templar and the area. Then journey to Montsegur - viewing from below or hike and visit the ruined castle on 1000 foot crag. This site provided refuge for over 200 Cathars in 1244 during the Albigensian Crusade until they were martyred on a burning pyre. Speculation continues as to whether Cathar treasure is hidden on the site!

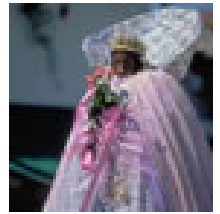


**Day 4 (Saturday November 10)** - Breakfast. Morning teachings on the Black Madonna, Mary Magdalene, Sacred Feminine, Knights Templar, & Bloodline of Christ. Later morning visit to the Black Madonna & healing well at Marceille. Afternoon in the

nearby, impressive, old walled city of Carcassonne with its wonderful turrets & vistas. Day & lunch on your own there with optional visits to castle, cathedral, shopping, exploring the walls and more.

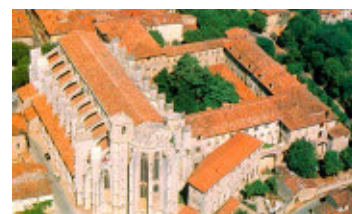
**Day 5 (Sunday November 11)** - Breakfast. Morning journey to Rennes-le-Chateau. Rennes-le-Chateau is a mysterious, intriguing place set high on a hill. On the site there is an unusual church dedicated to Mary Magdalene. Mysterious sculptures and paintings fill the church. We will explore the history of this site and Berenger Sauniere, the priest who built the church and various other buildings and his possible connection to the enigmatic Priory of Sion.

**Day 6 (Monday November 12)** - Breakfast. Travel to Provence, this a.m. to Saintes-Maries-de-la-Mer on the Mediterranean Coast (alleged landing site of Mary Magdalene after being cast adrift after the crucifixion - also venerated by Gypsies). Gypsies gather yearly in Saintes-Maries-de-la-Mer for a religious festival in honor of Saint Sarah also known as Sara-la-Kali (Sara the black). Some say this is a handmaiden to Mary Magdalene and some say a daughter. We will visit the St. Sarah Crypt. Sara's statue is situated in the crypt of the church, at the right of the altar. She wears a multicoloured dress and jewels. Overnight 2 nights here at Hotel les Amphores, right on the beach.



**Day 7 (Tuesday, November 13)** - Continue teachings in the morning regarding Mary Magdalene & the tradition here and then free time to enjoy the seaside, beaches, horseriding (extra on your own) and shopping. <http://www.saintesmaries.com>

**Day 8 (Wednesday November 14)**- Travel to Saint-Maximin-la-Sainte-Baume near Aix en Provence, at the base of the Ste. Baume mountains (said to be final resting place of Mary Magdalene). Overnight in the area next 3 nights at the beautiful Hôtellerie Le Couvent Royal de Saint Maximin, originally a convent and later the residences of the Dominican fathers. Rooms overlook the cloister and the convent garden. This hotel/former convent is attached to the Basilica. Also lovely buffet breakfasts here. Dinners also served here in their lovely restaurant in the former Chapter House (extra)



**Day 9 (Thursday November 15)** Here in Saint-Maximin-la-Sainte-Baume is the St. Madeleine Basilica (Mary Magdalene is said to have come here after the death of Jesus, and then died in St. Baume). We will see the sarcophagus of St. Mary Magdalene

as well as visit the Grotto of Marie Madeleine, after a 45 minute walk through the forest once held sacred by the Druids. Ste Mary Magdalene is supposed to have lived here in this grotto. Mary Magdalene is the patron saint of Provence.

**Day 10 (Friday November 16)** Continue above including some free time in the vibrant town of Aix en Provence.

**Day 11 (Saturday November 17)** -Trip ends. Transportation to Marseille airport. Travel from Marseille airport to Paris or other cities for flights home or longer on your own.

## Tour Conditions for main tour

**I. Costs:** See registration form. Price is for twin occupancy. Single supplement possible.

**II. Included** - Price includes transportation from Toulouse airport on day of arrival & to Marseille airport at end, day of departure & around the area in 9 passenger mini-buses or cars; 10 nights accommodations accommodations based on twin/double occupancy (singles available at extra cost - see registration form); continental breakfasts; admission to all sites listed (all above depend on sites being open).



**III. Not included** - Airfare, personal items, passports, visas (for non-Americans), medical/accident/medical evacuation insurance, lunches & dinners not included (food is very reasonably priced in this area of France).

**IV. \*\*\* Medical/Accident/Medical Evacuation Insurance** required to be purchased. Information available -

approx. \$50USD per person. **Proof of purchase required** by Well Within. More information will be provided. If you live outside the US, please find similar insurance

**V. Deposit & Payments:** \$650 deposit secures space. Remaining balance (full payment) due by October 12. \$75 late payment fee if balance not paid by October 12

**VI. Cancellation & Refund Policy** - Refunds minus \$200 fee will be made if cancellation is postmarked by 150 days prior to departure. If cancellation postmarked between 60-149 days prior to departure \$600 is non-refundable. If cancellation postmarked between 30-59 days prior to departure, \$900 is non-refundable. If cancellation postmarked between 15-29 days before departure \$1150 is non-refundable; & under fifteen days from departure there is no refund. We strongly recommend travel insurance, which enables you to recover all deposits if you need to cancel the trip due to illness or death. Please contact us if you want details on this insurance. No partial refunds will be given under any circumstances for unused hotel rooms, meals, or sightseeing trips.

### Who Are These Tours Designed For?

These tours are designed for women as well as men; young or not so young; people interested in the mystery and sacredness of life, with a desire to know and understand more of where we've come from to assist us in where we are going and making a difference on the planet. We also explore some of the latest information out there that you may have never heard before. If you have a curiosity about mythology, sacred sites, & history you were never taught in school, other cultures, and a sense of adventure as well as want to travel with like-minded people in small intimate groups, these tours are designed for you. They are not your ordinary, large group tours, being herded into buses with little time to experience the sites.

*We want your tour to be a trip of a lifetime,  
a transformative adventure.*

## Earth Mysteries & Sacred Site Tours is conducting this tour for Meredith Ann Murray & friends

### Well Within & Earth Mysteries & Sacred Sites Tours

Celebrate 25 years of travel & retreat with us in 2007! Experience incredible journeys to ancient & sacred sites throughout the world. Our tours to mysterious & sacred sites are special in that you experience the power & energy of the sites & nature & mystery of the area. These are not just the normal sightseeing tours. They are experiences to remember for a lifetime. The tours are specially designed with expert guidance and time to experience each place. Well Within, since 1982, has sponsored & conducted exciting workshops, conferences, & nearly 100 weekend retreats & conferences in holistic health & metaphysical concepts. Also, as Earth Mysteries & Sacred Site Tours, has conducted nearly 90 incredible international tours to mysterious & sacred sites in California, Colorado, Hawaii, England, Scotland, Cornwall, Wales, Ireland, Switzerland, Germany, France, Greece, Norway, Sweden, Egypt & Bali.

**Sheri Nakken, R.N., M.A.**, is Director & Creator of Well Within & Earth Mysteries & Sacred Site Tours. She has a great passion for mythology, legend, ancient practices, ancient sites, & history's mysteries, where clues are found as to why we are here on this planet & other realms that are present to assist us. By visiting these incredible sites, ancient memories and teachings can be tapped into consciously and unconsciously to assist us on our journey. What we can create together will be magnificent

### Bio for Meredith Ann Murray

I was raised in New England and graduated from the Univ. of N.H. with a B.A. in Elementary Ed. After living in Europe for a year, I moved to the Peninsula south of San Francisco for nearly 20 years. I have traveled extensively in Europe and Asia. I have two wonderful sons, Christopher, 23, and Taylor, 13. We moved to the Pacific Northwest in 1995

Career: Full-time professional Realtor® with Keller Williams Realty, helping people find their Sacred Space (home!) and market real property in Whatcom County of northwest Washington state. [www.ServiceWithHeart.com](http://www.ServiceWithHeart.com). I have been in the Real Estate industry for more than 8 years in 3 states, earning my license in WA in 2004

For my second income stream, I capitalize on the media frenzy around Stem Cells in my home based business with StemTech Health Science. We have the only natural adult stem cell enhancer on the market and are expanding globally. [www.StemCellBizOnline.com](http://www.StemCellBizOnline.com)

My hobbies/interests include decorating, cooking, camping, hiking, alpine skiing, weight training, travel, community volunteering and promoting world peace. I was ordained as a Minister, earning my Masters in Divinity in Spiritual Peacemaking from the Beloved Community, founded by James Twyman. I completed this 2+ year program based in Ashland, Oregon, in June 2006. Our non-denominational seminary has ordained over 400 Peace Ministers in 23 countries. I perform weddings, rites of passage, and other Intra-Faith ceremonies as well as do Spiritual Mentoring. The highlight of those two years was a 6 day Peace retreat in Assisi, Italy in Sept. 2005. We were 70 Peacemakers altogether. Next, we walked for Peace from Assisi to Rome over 8 days, following in the footsteps of St. Francis. Participants on this walk ranged in age from 4 to 77. During our final 3 days we visited Sacred Sites and attended a Papal Audience in Rome.

To Register

PLEASE PHONE AND LEAVE MESSAGE at 530-740-0561 AND email earthmysteriestours@gmail.com to tell us you are registering & fax below signed form to UK - from US, dial 011 44 1874 620 028; from Europe fax to 0044 1874 620 028

Well Within, PO Box 31,  
Brecon, Powys, LD3 8WA, Wales, UK (put all on one line)

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State \_\_\_\_\_ Zip \_\_\_\_\_

Day Phone \_\_\_\_\_ Evening Phone \_\_\_\_\_

Email Address if you have \_\_\_\_\_

Payment by (circle one): MC/Visa, Paypal, Cashiers Check/M.O. (circle one)

Paypal address is <http://www.paypal.com> my account is earthmysteriestours@tesco.net

OR Credit Card details below

Your Name as on credit card: \_\_\_\_\_

Credit Card # \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Exp. Date \_\_\_\_\_ (Mastercard or Visa only)

Your Signature \_\_\_\_\_

France Tour - Date of Tour Registering For \_\_\_\_\_ Total Enclosed Today \_\_\_\_\_

Type of Room desired throughout Tour

Double/Triple room with twin beds  Double room with 1 double bed to share  Single room

Would you like us to match you with a roommate? \_\_\_\_\_

\*\*\*\*\*Purchase of health/accident/medical evacuation insurance is required for this tour (approx. \$50.00 USD for those from US) for length of trip - information will be provided to you (other countries will have to find out details in their country)\*\*\*\*\*

**\*\*\*SAVE \$100 off of tour price if payment balance paid by Cashiers Check  
(deposit can be by credit card)**

France Tour - email for costs in UK Pounds Sterling or Euros - \$650 deposit to register

Price\* excluding airfare (all prices US\$)

\$2895 per person twin/triple occupancy if deposit faxed by 25 September 2007 (Balance due October 12)

\$2995 per person twin/triple occupancy if deposit faxed after 25 September 2007 (Balance due October 12)

Single supplement - \$750 if you desire a single room (very limited in number)

\* Tour price is based on the exchange rate of 1.00-1.34 Euro per US dollar (see inf below under A.).

I have read, understand & accept the Tour Conditions, Section A: Responsibility & the Cancellation & Refund Policy.

(Signature) \_\_\_\_\_

**A. Responsibility:** Well Within, with its principal place of business in Nevada City, CA acts only as agent for the tour operator, the various hotels, airlines, bus companies, railroads, ship lines (called Travel Suppliers) providing accommodations, transportation or other services described in this brochure, and the acceptance of tour membership and/or such coupons, exchange orders, receipts, contracts, and tickets, the tour member agree to the foregoing and that;

Neither Well Within or any of its agents or employees shall be liable for any delay, change in schedule, loss, damage or injury to property or persons caused by reason of the negligence wrongful or intentional acts or defects of equipment of any such travel supplier; for any expense or inconvenience caused by late arrivals of any such conveyances of such travel suppliers or any changes of schedules, conveyances or accommodations determined by any tour operator, or for any cancellation or disruption of any such services provided by any such travel suppliers; or for any failure on the part of any such tour operator or travel supplier to perform by reason of financial difficulty or default, suspension of operation, or other reason; or for any refunds for travel accommodations not provided by any such tour operator or travel supplier in excess of amounts actually received by way of refund from any such tour operator or travel supplier, or not paid over by Well Within to any such tour operator or travel supplier.

Neither Well Within or any of its Associates, agents or employees shall be financially responsible to any tour member in the event of cancellation of all or part of any tour due to acts of nature, governmental actions, civil unrest or hostilities, or acts of terrorism, or for the default of any tour operator or travel supplier, or for any reason beyond the control of Well Within. Well Within shall have the right to decline to accept or to retain any person as a tour member should such tour member's health, mental condition, physical infirmity, or general deportment impede the operation of the tour or the rights, welfare, or enjoyment of other tour members; the tour

Well Within shall have the right to decline to accept or to retain any person as a tour member should such tour member's health, mental condition, physical infirmity, or general deportment impede the operation of the tour or the rights, welfare, or enjoyment of other tour members; the tour operator shall have the right to substitute hotel or alter itineraries, and

Well Within shall have the right to cancel any tour prior to departure or to increase the prices where the costs shall rise. Tour price is based on the exchange rate of 1.00-1.34 Euro per US dollar. **If the dollar falls in value before the trip, the price may have to be adjusted slightly upward.**

Well Within requires the purchase by each tour member of appropriate travel accident/medical evacuation insurance, & recommends baggage insurance, tour operator/carrier default protection insurance, and trip cancellation insurance, and has explanatory information and policies available for any tour member desiring such coverage.