



Frame of Mind 52 Coaching Synergy Group

Here's what you get:

Ten empowering weeks of group coaching with Darren Kittleson. Each week you will participate in a group conference call that will go deeper into your development using the principals of Frame of Mind. Each call focuses on a targeted subject with a clearly articulated theme and is intended to work as part of a precise progression of thought development over the period of ten full weeks. Here is what is included in your ten week Frame of Mind Coaching Program:

1. Daily guided journaling with our groundbreaking new on-line journal program.
2. Your coach will read your journal and make comments that will prod, challenge, entice, support and engage you to grow and make the kind of changes you are looking for.
3. Connect with other group members, all who have completed the 10 week beginning course of Frame of Mind 52 and who are all interested in working on their frame of mind to achieve success in their lives and fulfill the dreams and goals as well.
4. Be part of an infrastructure that will hold up for you well beyond the seventy days.

Program Fee:

- \$500 for entire program
- Billed at \$166.66/month on the 1st of each month for first 3 months only. Balance of year no additional charge.
- Easy pay system through any Visa, MasterCard or Discover credit card or by check

First Group Coaching Call Begins August 10 from 3:30-4:30 p.m. CST.

The rest are as follows (all from the same time p.m.)

- Aug. 17
- Aug. 24
- Aug. 31
- Sept. 7
- Sept. 14
- Sept. 21
- Sept. 28
- Oct. 5
- Oct. 12