



Frame of Mind 52 Coaching

Here's what you get:

Ten empowering weeks of group coaching with an explicitly trained Frame of Mind coach. Each week you will participate in a group conference call that fully explores one key aspect of your development. Each call focuses on a targeted subject with a clearly articulated theme and is intended to work as part of a precise progression of thought development over the period of ten full weeks. Here is what is included in your ten week Frame of Mind Coaching Program:

1. A private orientation call with your coach.
2. Daily guided journaling with our groundbreaking new on-line journal program.
3. Your coach will read your journal and make comments that will prod, challenge, entice, support and engage you to grow and make the kind of changes you are looking for.
4. Connect with other group members who are all interested in working on their frame of mind to achieve success in their lives and fulfill the dreams and goals as well.
5. Be part of an infrastructure that will hold up for you well beyond the seventy days.

Program Fee:

- \$750 for entire program (That's less than \$15/week!)
- Billed at \$250/month on the 15th of each month for first 3 months only. Balance of year no additional charge.
- Easy pay system through any Visa, MasterCard or Discover credit card or by check

First Group Coaching Call Begins April 15, 2009 from 1:00-2:00 p.m. CST or 2:00-3:00 pm. CST

The rest are as follows (all from the same time p.m.)

- April 22
- April 29
- May 6
- May 13
- May 27
- June 3
- June 10
- June 17
- June 24